




TULAROSA SENIOR CENTER

MAY 2017 ACTIVITIES

(575) 585-4532



Shuffleboard location is at the Tularosa Community Center, 1050 Bookout Road but all other activities take place at 35 Radio Road.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 12:45 - Lifestyle/Nutrition Club <i>Guest Speaker: Victor Mandan "True Tales of Managing Diabetes and Blood Pressure with Lifestyle Changes"</i>	3 8:30 Shuffleboard at Community Center 12:45 - Game Day 1:00 Commodity Distribution	4 10:00 am - Presentation on Wills 12:45 - Bingo	5 9:00 - Cut Ups - Wood Carving 10:00 - Happy Hookers 12:45 - Advisory Council Meeting
8	9 Iris Farm 9:00 - 1:00 pm 12:45 - Lifestyle/Nutrition Club Alamo Shopping After Lunch	10 8:30 Shuffleboard at Community Center 12:45 - Game Day	11 **Celebrate May Birthdays** 12:45 - Bingo	12 9:00 - Cut Ups - Wood Carving 10:00 - Happy Hookers
15	16 Pool Tournament 12:45 - Lifestyle/Nutrition Club Senior Olympics - Local Games 10:00 - Mescalero Mini Olympic Village Soccer; Frisbee; Basketball; Washers	17 8:30 Shuffleboard at Community Center 12:45 - Game Day Senior Olympics - Local Games 1:00 - Tularosa Community Center Shuffleboard; Air Rifle; Horseshoes	18 9:00 - 4:00 Las Cruces Shopping <i>Must sign up in office</i> 12:45 - Bingo Senior Olympics - Local Games 9:30 - Tularosa High School Track Walking and Running Events	19 9:00 - Cut Ups - Wood Carving 10:00 - Happy Hookers 12:45 - Advisory Council Meeting
22	23 12:45 - Lifestyle/Nutrition Club Alamo Shopping After Lunch	24 8:30 Shuffleboard at Community Center 12:45 - Game Day	25 12:45 Garden Club	26 9:00 - Cut Ups - Wood Carving 10:00 - Happy Hookers
29 <u>CLOSED FOR MEMORIAL DAY</u> 	30 12:45 - Lifestyle/Nutrition Club	31 8:30 Shuffleboard at Community Center 9:00 - Haircuts by Monica 12:45 - Game Day		