



# TULAROSA SENIOR CENTER JUNE 2017 MENU



**LUNCH SERVED 11:30 TO 12:30**

**MENU SUBJECT TO CHANGE AT ANY TIME!!!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 <b><u>HONEY BBQ CHICKEN</u></b> ZUCCHINI SALAD W/DRESSING STUFFING PUMPKIN PIE W/WHIPPED TOPPING	2 <b><u>COD FILLET/TARTAR SAUCE</u></b> FRENCH FRIES COLESLAW HUSH PUPPIES PEARS
5 <b><u>HAMBURGER STEAK W/MUSHROOM GRAVY</u></b> BROCCOLI MASHED POTATOES WHEAT ROLL MIXED FRUIT	6 <b><u>CHICKEN &amp; MACARONI CASSEROLE</u></b> ORIENTAL VEGGIES CAULIFLOWER W/CHEESE OATMEAL RAISIN COOKIE	7 <b><u>ROAST PORK</u></b> STIR FRY VEGGIES SALAD RICE PILAF PINEAPPLE	8 <b><u>CHICKEN POT PIE</u></b> MASHED POTATOES & GRAVY GREEN BEANS BIRTHDAY CAKE <b><i>**Celebrate June Birthdays**</i></b>	9 <b><u>BEEF HOT DOGS</u></b> SAUERKRAUT BUTTERED CARROTS APPLESAUCE
12 <b><u>SPAGHETTI W/MEATBALLS</u></b> ZUCCHINI SALAD W/DRESSING GARLIC ROLL MIXED FRUIT	13 <b><u>GREEN CHILE CHICKEN ENCHILADAS</u></b> PINTO BEANS CORN SALSA SPANISH RICE CHOCOLATE CHIP COOKIES SOURCREAM	14 <b><u>ROASTED TURKEY SANDWICH</u></b> W/AMERICAN CHEESE ON WHEAT POTATO CHIPS CELERY STICKS APPLE	15 <b><u>BAKED CHICKEN BREAST</u></b> MASHED POTATOES & GRAVY BUTTERED CORN STUFFING PUMPKIN BREAD W/TOPPING	16 <b><u>BREADED CATFISH/TARTAR SAUCE</u></b> TATER TOTS COLESLAW CORN BREAD MIXED FRUIT
19 <b><u>HAMBURGER MAC-N-CHEESE</u></b> GREEN BEANS CORN STRAWBERRIES & BANANAS	20 <b><u>CHICKEN FAJITAS</u></b> PINTO BEANS ZUCCHINI JELLO W/FRUIT SOURCREAM	21 <b><u>PEPPER STEAK</u></b> BUTTERED CARROTS SALAD W/DRESSING STEAMED RICE PINEAPPLE	22 <b><u>PORK CUTLET W/GRAVY</u></b> MASHED POTATOES MIXED VEGGIES BISCUIT CHOCOLATE CHIP COOKIE	23 <b><u>CHICKEN TENDERS W/GRAVY</u></b> SWEET POTATOES SPINACH WHEAT ROLL PEARS
26 <b><u>CHICKEN ADOVADA</u></b> PINTO BEANS SPINACH FLOUR TORTILLA FRUIT COCKTAIL SHREDDED CHEDDAR CHEESE	27 <b><u>CHICKEN FRIED STEAK</u></b> MASHED POTATOES W/GRAVY CAULIFLOWER WHEAT ROLL CHOCOLATE PUDDING	28 <b><u>ROAST CHICKEN</u></b> BAKED BEANS STEWED TOMATOES BISCUIT W/BUTTER MANDARIN ORANGES	29 <b><u>GREEN CHILI CHEESEBURGER</u></b> TOMATO/LETTUCE/PICKLE/ONION PEAS AND CARROTS COCONUT CREAM PIE	30 <b><u>COD FILLET W/TARTAR SAUCE</u></b> FRENCH FRIES COLESLAW CORNBREAD FRUIT SURPRISE

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