

**EVERY SENIOR DESERVES A
HOME AWAY FROM HOME.
WHERE FRIENDS BECOME FAMILY.**

**35 RADIO ROAD
TULAROSA, NM 88345
(575) 585- 4532**

Come join us at Tularosa Senior Center, a community that truly cares for our seniors citizens.

**COME FOR THE ACTIVITIES,
STAY FOR THE COMMUNITY**

Our facility offers a wide range of amenities and essential services when you become a registered member.

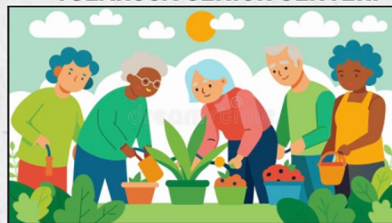
Dedicated to providing access to proper nutrition, encouraging social engagement, and active lifestyle to our local senior citizens.



CORE SERVICES include

- congregate meals
- home-delivered meals
- transportation services
- weekend frozen meals provided only to the most at-risk homebound individual.

**IF YOU KNOW OF A SENIOR CITIZEN IN
NEED OF A MEAL IN TULAROSA
PLEASE HAVE THEM CONTACT THE
TULAROSA SENIOR CENTER.**



The program recognizes its critical role in enhancing quality of life and actively offers a variety of opportunities for social engagement. These include access to a

- craft room
 - book exchange
 - billiards room
- (monthly pool tournaments)
- media room
 - and weight room



**EMBRACE YOUR
GOLDEN YEARS!**

Hours of operation :

Weekly lunch dining

Monday - Friday 11:00 am - 12:30pm

Recreation rooms

Monday - Friday 8:30 am - 3:30pm

TAI CHI

Wednesday 10:00 am

Thrift Store

Wednesday - Friday 9am-12pm